

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2019

## Assisted Living

								1		2			
								8:00 Celebrate the Day All Day – <i>National Dress in Blue Day</i> 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Celebrate the Day – <i>All About Owls Day</i> 2:15 <b>Reflections Singers</b> 3:30 <b>Johnathan Cummings</b>		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 <b>Sing-a-Long Saturday</b> 2:00 Celebrate the Day- <i>Chocolate &amp; Cheese Day</i> 3:00 <b>Afternoon Movie in the Lounge</b>			
3		4		5		6		7		8			
8:30 Good Morning Friends! 9:30 Meditation & Exercise 9:30 Church Transportation 10:30 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day – <i>World Wildlife Day</i> 2:00 Fresh Air Fun 3:00 Celebrate the Day – <i>Goldfish Day &amp; Afternoon Movie</i>		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 Celebrate the Day – <i>Shrove Monday</i> 11:00-2:00 <b>Retail Therapy &amp; Lunch Bunch</b> 3:00 Walgreens		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Women in History 11:00 <b>Wii Bowling Men's Group</b> 12:00 Celebrate the Day – <i>Fat Tuesday Luncheon</i> 1:30-3:00 <b>Painting w/ Valerie</b> 4:00 <b>Mardi Gras Party</b>  Mardi Gras		8:30 Good Morning Friends! 9:30 Meditation & Exercises 10:30 Daily Chronicles & Brain Exercises 11:00 Lunch Bunch & Celebrate the Day 1:30 <b>Catholic Eucharistic Minister/ Ashes</b> 3:00 Publix 4:00 Celebrate the Day – <i>Eat the Middle First Day/Wine Down Wednesday</i>  Ash Wednesday		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Card Sharks 1:30-3:00 <b>Painting w/ Valerie</b> 3:30 Celebrate the Day- <i>Variety of Fruits Day</i> 4:30 Fresh Air Fun		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 11:00 <b>Annie Performing</b> 1:00 <b>Drama Club</b> 2:00 <b>Carla Holbrook Performing</b> 3:30 Celebrate the Day – <i>International Women's Day</i>		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 Card Sharks 11:00 Sing-a-Long Saturday 1:30 Fresh Air Fun 2:00 Celebrate the Day – <i>Chip Chat</i> 3:00 Afternoon Movie	
10		11		12		13		14		15			
8:30 Good Morning Friends! 9:30 Meditation & Exercise 9:30 Church Transportation 10:30 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day – <i>Spring Forward</i> 1:30 Fresh Air Fun 2:30 <b>Rosalyn and Sons Performing</b>  Daylight Saving Time Begins		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00-2:00 <b>Retail Therapy &amp; Celebrate the Day – <i>Salvation Army Day &amp; Lunch Bunch</i></b> 2:30 Walgreens 4:00 <b>Andrea Performing</b>		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Women in History 11:00 <b>Wii Bowling Men's Group</b> 1:30-3:00 <b>Painting w/ Valerie</b> 3:00 <b>Monthly Birthday</b> 4:00 Celebrate the Day – <i>Happy Birthday, Liza Minelli</i>		8:30 Good Morning Friends! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 <b>Zumba w/ Teri</b> 11:00 Lunch Bunch & Celebrate the Day 1:30 <b>Catholic Eucharistic Minister</b> 2:00 Publix 3:00 Celebrate the Day – <i>National Jewel Day. Paparazzi \$5 Jewelry Sale</i> 4:00 Wine Down Wednesday		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day – <i>International Ask a Question Day</i> 1:30 3:00 Celebrate the Day- <i>Pi Day. Watch the Life of Pi.</i>		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Celebrate the Day – <i>The Ides of March</i> 1:30 <b>Drama Club</b> 2:30 Watch Julius Caesar		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 Celebrate the Day – <i>National Panda Day</i> 11:00 Sing-a-Long Saturday 2:00 Celebrate the Day – <i>National Quilting Day</i> 3:00 <b>Afternoon Movie in the Lounge</b>	
17		18		19		20		21		22			
8:30 Good Morning Friends! 9:30 Meditation & Exercise 9:30 Church Transportation 10:30 Daily Chronicles & Brain Exercises 11:00 Card Sharks 2:00 Celebrate the Day – <i>Happy St. Patrick's Day</i> 3:30 Celebrate the Day – <i>March Madness Begins!!</i>  St. Patrick's Day		8:30 Good Morning Friends! 9:30 Celebrate the Day – <i>Welllderly Week</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00-2:00 <b>Retail Therapy &amp; Lunch Bunch</b> 2:30 Walgreens 3:30 Celebrate the Day – <i>Act Happy Day</i>		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Women in History 11:00 <b>Wii Bowling Men's Group</b> 1:30 <b>Presenting Ernest Hemingway w/ Professor Farley</b> 3:30 Celebrate the Day – <i>Let's Laugh Day</i>		8:30 Good Morning Friends! 8:30 Celebrate the Day – <i>International Day of Happiness/Bubble Blowers Day</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Publix 1:30 <b>Catholic Eucharistic Minister</b> 3:00 <b>Melanie Steinke Performing</b> 4:00 Wine Down Wednesday- Welcome Spring!  Spring Begins		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Celebrate the Day – 10:30 Daily Chronicles & Brain Exercises 1:30-3:00 <b>Painting w/ Valerie</b> 3:00 <b>Town Hall Meeting</b> 4:00 Celebrate the Day – <i>World Poetry Day</i>  Purim		8:00 Celebrate the Day – 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day – <i>National Goof Off Day</i> 2:00 <b>Drama Club</b> 3:30 <b>Afternoon Movie</b>		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Sing-a-Long Saturday 2:00 Celebrate the Day – <i>National Chip &amp; Dip Day</i> 3:00 <b>Afternoon Movie</b>	
24		25		26		27		28		29			
8:30 Good Morning Friends! 9:30 Meditation & Exercise 9:30 Church Transportation 10:30 Daily Chronicles & Brain Exercises 11:00 Card Sharks 2:00 Celebrate the Day – <i>Crazy About Crafts Day</i> 3:00 <b>Afternoon Movie</b>		8:00 Celebrate the Day – 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00-2:00 <b>Retail Therapy &amp; Lunch Bunch</b> 2:30 Walgreens 3:00 Celebrate the Day – <i>Greek Independence Day</i>		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Women in History 1:30-3:00 <b>Painting w/ Valerie</b> 3:30 Celebrate the Day – <i>American Diabetes Association Alert Day</i> 4:30 Fresh Air Fun		8:30 Good Morning Friends! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 <b>Zumba w/ Teri</b> 11:30 <b>Lunch Bunch</b> 1:30 <b>Catholic Eucharistic Minister</b> 2:00 Publix 3:00 Celebrate the Day – <i>World Theater Day</i> 4:00 Celebrate the Day – <i>National Scribble Day</i>		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Card Sharks 1:30-3:00 <b>Painting w/ Valerie</b> 3:30 Celebrate the Day – <i>Major League Baseball Opening Day</i> 4:30 Baseball Bingo		8:30 Good Morning Friends! 9:00 Mary Poppins @ Redeemer Lutheran 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Card Sharks 2:00 <b>Drama Club</b> 3:00 Celebrate the Day- <i>The King and I Debut</i>		8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Celebrate the Day – <i>Virtual Vacation Day</i> 2:00 Sing-a-Long Saturday 3:00 <b>Afternoon Movie in the Lounge</b>	
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8:30 Good Morning Friends! 9:30 Meditation & Exercise 9:30 Church Transportation 10:30 Daily Chronicles & Brain Exercises 11:00 Card Sharks 2:00 Celebrate the Day – <i>Crayola Crayon Day</i> 3:00 <b>Afternoon Movie</b>		<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="width: 45%;"> <p><b>3550 SW Corporate Pkwy</b> <b>Palm City, FL 34990</b> <b>(772)-529-6000</b> <b>www.grandoaks.org</b></p> </div> <div style="width: 45%; text-align: center;">  <p><b>Grand Oaks</b> ASSISTED LIVING BY THE VNA</p> </div> </div>											

Calendar Subject to Change. Please See Daily Agenda for Updates.

