



Grand Oaks
ASSISTED LIVING BY THE VNA
PALM CITY

MANAGEMENT
TEAM

CHAIRMAN:
Donald Crow

VICE PRESIDENT:
Teresa Roberts

EVP FINANCE:
Sharon Griswold

ADMINISTRATOR:
Laurie Allen

SALES MANAGER:
Beth Kelley

NURSE MANAGER:
Michelle Edwards

EXECUTIVE CHEF:
Robert Zelano

SOUS CHEF:
Carlos Lugo

HUMAN RESOURCES
MANAGER:
Debbie Ecker

MAINTENANCE:
Claude Woolward

ACTIVITY MANAGER:
Heather Morris

A WORD FROM YOUR
administrator



They say that luck abounds in March, and we feel very lucky to have so many fun things planned this month. On March 5th, we're throwing an ALL DAY

Mardi Gras Party! We'll be having music, costumes, a parade, colorful king cake, Hurricane cocktails, and more! And if that wasn't enough fun, on March 17th, we'll be having an ALL DAY St. Patrick's Day Party! We'll have green beer, a 'Pot of Gold' Scavenger Hunt, Irish music, and lots of blarney.

This month we will also be learning more about our feathered friends, Owlivia and Owliver, who are nesting in our parking lot pine trees. During International Happiness Week - which

happens to coincide with Wellderly Week, we have plenty of activities planned that focus on the well-being of the mind, body, and spirit, as well as the healing power of laughter. March is also Women's History Month, and we will be showcasing stories about famous woman in history every Tuesday at 11 a.m.

As always, I want to express how fortunate I feel to have each one of you as a member of our Grand Oaks family. If you know of anyone else who would like to join us, stop by the front desk. If they move in, you get a gift!

Have a wonderful, fun, and lucky March!

Laurie Allen



EMPLOYEE SPOTLIGHT

JULIO L., *Cook*

Julio was born and raised in Venezuela. He has two sisters, two brothers, and a 24 year-old daughter.

He received his Bachelor's Degree in Business Administration from Universidad Católica in Venezuela before moving to the U.S. and attending Le Cordon Bleu Culinary School in Miami. After graduating from culinary school, Julio worked for many years as a cook in a hotel and an assisted living community in South Florida. He was happy to begin his career at Grand Oaks because he loves the staff and residents.

In his spare time, Julio's favorite thing to do is listen to music and go dancing at nightclubs in West Palm Beach. "I love dancing and all kinds of music. I love Latin, jazz, oldies, hip hop music...I love it all," he said.

Because March is known as the month of luck, Julio says there is something that he feels most lucky about, and that's receiving his U.S. citizenship. "I am so lucky. It was my happiest day," he said.

Julio's favorite thing about working at Grand Oaks is when the residents tell him how much they enjoy the food he prepares for them. "When they come up to me and tell me they loved something I made for them, well, that just makes my day," he said with a smile.



RESIDENT SPOTLIGHT

SHIRLEY

Shirley was born and raised in Massachusetts. She is one of three daughters. Growing up, she attended Andover High School. She also enjoyed spending time at the local dance hall, the Crystal Ballroom, which is still a popular institution in Shirley's hometown today.

After high school, Shirley attended Faulkner Hospital School of Nursing in Boston where she earned her nursing degree. While in college, she met her late husband, who worked for many years as an accountant. They were married for 68 years and have two children, five grandchildren, and five great-grandchildren.

Shirley enjoyed spending her free time taking cruises with her husband and friends to fun tropical locations like Jamaica, Cozumel, and Key West. When asked what she likes best about living at Grand Oaks, Shirley says she really enjoys the delicious, chef-prepared meals. "And I don't have to do the dishes. I like that," she said.



THIS MONTH'S SPECIAL

"Roast Week"

In the tradition of Irish restaurants and pubs, we will be offering a "Roast of the Day" each day during the week of the 17th. Quantities are limited, so be sure to get to the dining room early before it runs out!

Please check with your server during the other weeks in March, as our chefs may have another special available!



MAR 01

Dwight B.

MAR 09

Doris M.

MAR 10

Evelyn T.

MAR 20

Louise T.

MAR 20

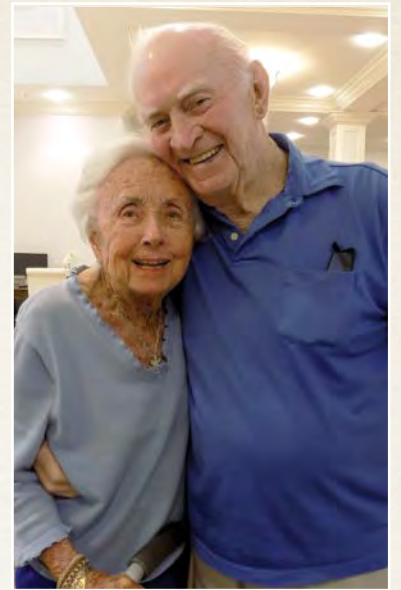
Eleanor S.

MAR 30

Ruth R.

Happy Birthday









Participate

IN OUR MONTHLY ACTIVITIES.

Refer to this month's calendar for more information and exciting events!

FRIDAYS

The Wheelers will be resuming Bible study on Fridays

at 11 a.m. for Memory Care and at 11:30 a.m. for Assisted Living



MAR.
10

Spring Forward

Don't forget to spring forward on March 10th!



MAR.
29

Mary Poppins!

Redeemer Lutheran Spring Musical: Mary Poppins!
Friday, March 29th at 9 a.m.

RSVP to Heather if you are interested in going.

