

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**3550 SW Corporate Pkwy  
Palm City, FL 34990  
(772)-529-6000  
www.grandoaks.org**

**1**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:00-2:00 Celebrate the Day – *Consignment Day Retail Therapy & Lunch Bunch*  
3:00 Walgreens  
4:00 Fresh Air Fun

**2**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:00 **Wii Bowling Men's Group**  
11:00 Ted Talks  
1:30 **Jackie Robbins on the Cello**  
3:00 Scrabble  
4:00 Celebrate the Day – *Peanuts Day*  
Simchat Torah

**3**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:00 Celebrate the Day – *National Coffee with a Cop Day*  
12:00 Oktoberfest Celebration  
1:30 **Catholic Eucharistic Minister**  
2:00 Publix  
3:00 Fresh Air Fun  
4:30 Wine Down Wednesday

**4**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:00 Celebrate the Day – *National Golf Lovers Day*. Lunch at a Golf Course.  
2:00 **LPGA Golf Tour Airing**  
3:30 Golf Clinic  
4:30 The 19<sup>th</sup> Hole

**5**  
Celebrate the Day ALL Day – *Lee National Denim Day*  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:30 **Bible Study w/ the Wheelers**  
1:30 Drama Club  
3:30 **Johnathan Cummings**

**6**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:30 Sing-a-Long Saturday  
2:00 Celebrate the Day – *The Orient Express Day*  
3:00 **Afternoon Movie** – *Murder on the Orient Express*

**7**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
9:30 Church Transportation  
10:30 Daily Chronicles & Brain Exercises  
11:30 Fresh Air Fun  
2:00 Celebrate the Day – *Frost on the Pumpkin Day*  
3:00 **Afternoon Movie**

**8**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:00-2:00 **Retail Therapy & Lunch Bunch**  
3:00 Walgreens  
4:00 Celebrate the Day – *Columbus Day*  
7:00 **Andrea Performing**  
Columbus Day (US)  
Thanksgiving Day (Canada)

**9**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:00 **Wii Bowling Men's Group**  
11:00 Ted Talks  
2:00 Fresh Air Fun  
3:00 **Monthly Birthday**  
4:00 Celebrate the Day – *Tunes Tuesday*

**10**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 **Zumba w/ Teri**  
11:30 Lunch Bunch  
1:30 **Catholic Eucharistic Minister**  
2:00 **Celebrate the Day** – *National Mental Health Day*  
3:00 Publix  
4:00 Celebrate the Day – *National Handbag Day*  
4:30 Wine Down Wednesday

**11**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise -  
10:30 Daily Chronicles & Brain Exercises  
2:00 Dance Lecture  
3:00 Celebrate the Day – *National Dance & Choreography Day*  
4:00 Dance Party!

**12**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:30 **Bible Study w/ the Wheelers**  
1:00-2:00 **Drama Club**  
2:00 Celebrate the Day – *World Arthritis Day*  
3:00 **Ron Fraizer Lecture** - "Treasure Coast Shipwrecks" @ the Blake Library

**13**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:00 Card Sharks  
2:00 Celebrate the Day – *United States Navy's Birthday*  
3:00 Sing-a-Long Saturday  
4:00 Bingo

**14**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
9:30 Church Transportation  
10:30 Daily Chronicles & Brain Exercises  
11:30 Fresh Air Fun  
2:30 **Rosalyn and Sons Performing**  
4:00 Celebrate the Day – *Earth Science Week Begins.*

**15**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:00-2:00 **Retail Therapy & Lunch Bunch**  
3:00 Walgreens  
4:00 Celebrate the Day – *Miniature Monday*

**16**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:00 **Wii Bowling Men's Group**  
11:00 Ted Talks  
12:00 Celebrate the Day – *That's Italian Tuesday!*  
1:30-3:00 **Painting w/ Valerie**

**17**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercises  
10:30 Daily Chronicles & Brain Exercises  
11:00 Celebrate the Day – *National Mulligan Day*  
1:30 **Catholic Eucharistic Minister**  
2:00 Publix  
3:00 **Melanie Steinke Performing**  
4:30 Wine Down Wednesday

**18**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:00 Card Sharks  
1:30-3:00 **Painting w/ Valerie**  
3:00 **Town Hall Meeting**  
3:30 Celebrate the Day – *A Batty Day*  
4:00 Let's Get Creative  
7:00 **SFHS Performing**

**19**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:00 Daily Chronicles & Brain Exercises  
10:30 Celebrate the Day – *Hocus Pocus Holiday*  
11:30 **Bible Study w/ the Wheelers**  
1:30-3:00 **Drama Club**  
3:00 **Carla Holbrook Performing**  
4:00 Celebrate the Day – *Hocus Pocus Holiday*

**20**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:30 Sing-a-Long Saturday  
2:00 Celebrate the Day – *Scarecrow Saturday*  
3:00 **Afternoon Movie**

**21**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
9:30 Church Transportation  
10:30 Daily Chronicles & Brain Exercises  
11:00 Card Sharks  
2:30 **Shazkya Performing**  
3:30 Celebrate the Day – *Massage Therapy Awareness Day*

**22**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Games  
11:00-2:00 **Retail Therapy & Lunch Bunch**  
2:30 Walgreens  
3:30 Celebrate the Day – *Mysterious Monday*

**23**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Games  
11:00 Ted Talks  
11:00 **Wii Bowling Men's Group**  
1:30-3:00 **Painting w/ Valerie**  
3:00 Fresh Air Fun  
4:00 Celebrate the Day – *The World Series Begins*

**24**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 **Zumba w/ Teri**  
11:00 Celebrate the Day – *National Food Day*. Visit Ground Floor Farm  
1:30 **Catholic Eucharistic Minister**  
2:00 Publix  
3:30 **Songs of the 60's Lecture w/ Professor Robert Farley**  
4:30 Wine Down Wednesday  
7:00 **Karin & Charles Performing**

**25**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:15 Daily Chronicles & Brain Exercises  
10:45 Let's Get Creative  
1:30-3:00 **Painting w/ Valerie**  
3:00 Celebrate the Day – *International Artist Day*.  
4:00 **Afternoon Movie**

**26**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:30 **Bible Study w/ the Wheelers**  
1:00 **Drama Club**  
2:00 Celebrate the Day – *National Pumpkin Day*  
3:00 **Happy 2<sup>nd</sup> Anniversary Grand Oaks of Palm City!**

**27**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:30 Sing-a-Long Saturday  
2:00 **Costume Parade by Daisy Troop**  
3:00 Celebrate the Day – *Make a Difference Day*  
4:00 Let's Get Creative

**28**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
9:30 Church Transportation  
10:00-4:00 **Palm City Fall Fest**  
10:30 Daily Chronicles & Brain Exercises  
2:00 Celebrate the Day – *National Chocolate Day*  
3:00 **Afternoon Movie**

**29**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:00 Daily Chronicles & Brain Games  
10:30 **Annie Performing on the Piano**  
11:00-2:00 **Retail Therapy & Lunch Bunch**  
2:30 Walgreens  
3:30 Celebrate the Day – *Makeup Makeover Monday*

**30**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Games  
11:00 Ted Talks  
11:00 **Wii Bowling Men's Group**  
1:30-3:00 **Painting w/ Valerie**  
3:00 Celebrate the Day – *A Wicked Day*  
4:00 Scrabble

**31**  
8:30 Good Morning Friends!  
9:30 Meditation & Exercise  
10:30 Daily Chronicles & Brain Exercises  
11:30 **Lunch Bunch**  
1:30 **Catholic Eucharistic Minister**  
2:00 Publix  
3:00 Celebrate the Day – *Halloween*  
4:00 Halloween Happy Hour  
Halloween

**October 2018**  
**Assisted Living**

Calendar Subject to Change. Please See Daily Agenda for Final Revisions.