

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2018

Assisted Living

				<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day – <i>World Vegan Day</i>. Lunch at Fruits & Roots 1:30-3:00 Painting w/ Valerie 3:30 Celebrate the Day – <i>National Family Literacy Day</i></p>	<p>8:30 Celebrate the Day – <i>National Jersey Day</i> 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Bible Study w/ the Wheelers 1:30 Drama Club 3:30 Johnathan Cummings</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Sing-a-Long Saturday 2:00 Celebrate the Day- <i>Caribbean Festival Day</i> 3:00 Afternoon Movie</p>
<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 9:30 Church Transportation 10:30 Daily Chronicles & Brain Exercises 11:30 Fresh Air Fun 2:00 Celebrate the Day – <i>Fall Back Day</i> 2:30 Shazkya Performing 3:30 Afternoon Movie <small>Daylight Saving Time Ends</small></p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00-2:00 Retail Therapy & Lunch Bunch 2:00 Walgreens 3:00-5:00 Celebrate the Day – <i>Get Carried Away Day</i>. Watch Around the World in 80 Days.</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Wii Bowling Men's Group 11:00 Ted Talks 1:30-3:00 Painting w/ Valerie 3:00 Fresh Air Fun 4:00 Celebrate the Day – <i>Election Day</i></p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Zumba w/ Teri 11:30 Lunch Bunch 1:30 Catholic Eucharistic Minister 2:00 Celebrate the Day – 3:00 Publix 4:00 Celebrate the Day – <i>National Stress Awareness Day</i> 4:30 Wine Down Wednesday</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise - 10:30 Daily Chronicles & Brain Exercises 1:30-3:00 Painting w/ Valerie 3:00 Celebrate the Day – <i>National Cappuccino Day</i> 4:00 Fresh Air Fun</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Bible Study w/ the Wheelers 1:00-2:00 Drama Club 2:00 Celebrate the Day- <i>National Animal Shelter Appreciation Day</i>. Visit the Humane Society 3:00 Afternoon Movie</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Sing-a-Long Saturday 1:45-5:00 Celebrate the Day – <i>Happy Birthday, Richard Burton</i>. Watch Cleopatra.</p>
<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 9:30 Church Transportation 10:30 Daily Chronicles & Brain Exercises 12:00 Celebrate the Day – <i>Veterans Day Luncheon</i> 2:00 Chicago @ Starstruck 2:30 Rosalyn and Sons Performing 3:30 Patriotic Sing A Long <small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 Celebrate the Day – <i>Happy Birthday, Ol' Blue Eyes</i> 11:00-2:00 Retail Therapy & Lunch Bunch 3:00 Walgreens 4:00 Andrea Performing</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Wii Bowling Men's Group 11:00 Ted Talks 11:30 Celebrate the Day – <i>Times We Treasure Tuesday</i>. 1:30-3:00 Painting w/ Valerie 3:00 Monthly Birthday</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercises 10:30 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day – <i>LULU of a Day</i> 1:30 Catholic Eucharistic Minister 2:00 Publix 4:30 Wine Down Wednesday</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Card Sharks 1:30-3:00 Painting w/ Valerie 3:00 Town Hall Meeting 3:30 Celebrate the Day – <i>Beaujolais Nouveau Day</i>. Wine Tasting 4:00 Let's Get Creative 7:00 SFHS Performing</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Bible Study w/ the Wheelers 1:30-3:00 Drama Club/Glee Club Rehearsal for Thanksgiving Performance 3:00 Carla Holbrook Performing 4:00 Celebrate the Day – <i>The Sound of Music's Debut on Broadway (1959)</i></p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Sing-a-Long Saturday 1:00-5:00 GOPC Classic Car Show 2:00 Celebrate the Day – <i>World Peace Day</i> 3:00 Afternoon Movie</p>
<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 9:30 Church Transportation 10:30 Daily Chronicles & Brain Exercises 11:00 Card Sharks 2:30 Celebrate the Day – <i>Family Week Begins</i> 3:30 Afternoon Movie</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00-2:00 Retail Therapy & Lunch Bunch 2:30 Walgreens 4:00 Celebrate the Day – <i>Airport Code Day</i></p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Ted Talks 11:00 Wii Bowling Men's Group 1:30-3:00 Painting w/ Valerie 3:00 Fresh Air Fun 4:00 Celebrate the Day – <i>Say "Cheese" Day</i></p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Zumba w/ Teri 11:00 Publix 11:00 Celebrate the Day – <i>Tie One On Tuesday</i> 1:30 Catholic Eucharistic Minister 2:00 Melanie Steinke Performing 3:30 History of Pilgrims Lecture w/ Professor Robert Farley 4:30 Wine Down Wednesday</p>	<p>8:30 Good Morning Friends! 9:30 Meditation, Exercise & Daily Chronicles 11:00 GOPC Drama & Glee Club Performance 12:00 <i>Happy Thanksgiving Luncheon w/ Entertainment from Cloud 9 Harp</i> <small>Thanksgiving Day (US)</small></p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Bible Study w/ the Wheelers 1:00 Drama Club 2:00 Celebrate the Day- <i>Native American Heritage Day</i> 3:00 Afternoon Movie</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Sing-a-Long Saturday 2:00 Fresh Air Fun 3:00 Celebrate the Day – <i>Celebrate Your Unique Talent Day</i> 4:00 Let's Get Creative</p>
<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 9:30 Church Transportation 10:30 Daily Chronicles & Brain Exercises 11:00 Fresh Air Fun 2:00 Celebrate the Day – <i>International Hat Day</i> 3:00 Afternoon Movie – Rudolph the Red Nosed Reindeer</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:30 Annie Performing on the Piano 11:00-2:00 Retail Therapy & Lunch Bunch 2:30 Walgreens 3:30 Celebrate the Day – <i>Cider Monday</i></p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Ted Talks 11:00 Wii Bowling Men's Group 1:30-3:00 Painting w/ Valerie 3:00 Celebrate the Day – <i>Pins and Needles Day</i> 4:00 Scrabble</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Lunch Bunch 1:30 Catholic Eucharistic Minister 2:00 Publix 3:00 Celebrate the Day – <i>What Do You Want to Know Wednesday?</i> 7:00 Karin & Charles Performing</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:15 Daily Chronicles & Brain Exercises 10:45 Let's Get Creative 1:30-3:00 Painting w/ Valerie 3:00 Celebrate the Day – <i>Puzzles and Prizes Day</i> 4:00 Afternoon Movie</p>	<p>8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Bible Study w/ the Wheelers 1:00 Drama Club 2:00 Celebrate the Day- <i>Mark Twain's Birthday</i> 3:00 Afternoon Movie</p>	